



*Lesson Plans for Elementary  
School Children to Spark an  
Interest in Nursing*

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## Kindergarten/1<sup>st</sup> grade

### *Classroom (2-3 nursing students)*

#### **Intro- Can you guess what I am?**

Someone dresses as a nurse

Someone else reads questions/statements about what a nurse does?

-I can work at a school.

-I can help you when you are sick

-I can be a man or a woman

-A doctor needs me

-I can help your grandpa or grandma and also your baby sister or brother

What am I?

\*During the guessing game. The nurse will stick out an arm, or hip for the effect.

#### **What a does a nurse do? -I am a nurse!**

*Help us when we are sick-school nurse*

*Help at hospitals, military, flight nurse, mission nurses.*

*\*show pictures of what they do, props, hands on.*

*Nurses can teach!*

- Show them hand-washing. Germs on your hands, germ puppets. Give them goo to represent germs and use blue light afterwards.
- Handwashing song- a song about nursing/handwashing to tune of happy birthday-I'm washing my hands, so I don't get sick I'm washing my hands what a neat trick.
  - Or you can try these songs:
    - <http://www.youtube.com/watch?v=o7hSaPW3aY8>
    - <http://www.youtube.com/watch?v=zxlQn7KaCNU>

#### **Who can be a Nurse?**

**YOU! Stay in school, do your homework, be caring !**

\*Maybe a song about nursing.

#### **Questions?**

## **2<sup>nd</sup>&3<sup>rd</sup> graders**

### ***Classroom (2-3 nursing students)***

#### **Intro- Nurse trivia game- How much do you know about nursing?**

- Spilt class into two teams. Each student takes turn being at the front desk and go against each other. Whoever raises hand 1<sup>st</sup> gets to answer.
- Winners receive a prize!

#### **Go over trivia answers, which directly relate to nursing.**

*Where nurses work- hospitals, doctor offices, military, flight nurse, mission nurses.  
\*Show pictures of what they do, props, hands on.*

#### **How to be a nurse!**

Do well in school, do your homework, be compassionate.  
The will lead into craft activity.

#### **Making nurse caps for girls and scrub caps for the boys**

- How to make a nurse's cap: [http://www.ehow.com/how\\_12129800\\_make-nurses-cap-out-construction-paper.html](http://www.ehow.com/how_12129800_make-nurses-cap-out-construction-paper.html)

#### **End with video, questions or song.**

## ***4<sup>th</sup> & 5<sup>th</sup> grade***

***Classroom setting /maybe auditorium style (4-6 nursing student)***

### **Intro-Skit about Florence Nightingale**

Parts- a soldier, an injured soldier, Florence.

Concept- 1 soldier brings an injured soldier who is delirious calling out for a doctor. Florence comes who is dressed old like holding a lantern, says she is a nurse and talks about her contributions.

### **Nurses of yesterday vs today.**

*Became popular with the wars ....*

*Today nurses work- hospitals, doctor offices, military, flight nurse, mission nurses.*

*\*Show pictures of what they do, props, hands on.*

### **Hands on activity.**

Students listen to each other's heart beats